

RESEARCH ARTICLE

The Planets as Witnesses of the Memory of Gestation

Foundations of a Symbolic Reading of the Prenatal Experience

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Own technique developed over more than a decade, based on the analysis of more than 2,700 astrological charts.

The book *Memória da Gestação* (2025) is available on this same website, or on Amazon.

2027 Professional Training on this subject, with the author herself as trainer — learn more on this site, under Trainings.

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Abstract

This article presents the foundations of a symbolic reading of the gestational experience through the planets of the astrological chart, within the scope of my technique of Rescue of the Memory of Gestation, developed by Guimarães over more than a decade of therapeutic practice, research, international congresses, workshops and, more recently, a book, now translated into Spanish. Drawing on the analysis of more than 2,700 astrological charts, I propose an interpretive model according to which each celestial body witnesses a specific dimension of the experience lived during the nine months of intrauterine life — information which, once identified and worked on therapeutically, allows us to understand emotional and relational patterns that persist, often unconsciously, into adult life.

This article is published at a particular moment in the development of this area of research: no longer only the theoretical record presented in my book "Memória da Gestação na Astrologia" (Euedito, 2025), but also the opening, in 2027, of a certified professional training programme that allows other professionals to apply this technique in their own astrological and therapeutic practice.

1. Introduction

The idea that the gestational experience leaves lasting marks on an individual's psychological development is not new; it echoes across various currents of prenatal and perinatal psychology, as well as systemic approaches that recognise the weight of family dynamics on those not yet born. In this research work I propose a symbolic and systematised avenue of access to this experience: the reading of the birth chart as an indirect record of what was lived before the first breath of air.

Over more than ten years of therapeutic and astrological practice, and after the systematic analysis of more than 2,700 astrological charts cross-referenced with family accounts of the corresponding gestation, it was possible to identify recurring correspondences between certain planetary configurations and certain categories of gestational experience. This article is dedicated specifically to the planetary layer of this model: the idea that each planet, through its own symbolic function, witnesses a distinct dimension of the experience lived in the maternal womb.

Note

This body of research, systematised over more than a decade, is now available not only in book form but also as a certified professional training programme. Starting in 2027, Faces Isabel Guimarães opens the Professional Training in Astrology and Rescue of the Memory of Gestation, allowing other professionals to apply this technique in their clinical practice. More information in the final section of this article.



2. Gestational Time as Symbolic Territory

Before presenting the planetary reading itself, it is worth recalling the theoretical principle that sustains it: gestational time is not merely a biological time of organic formation, but also a psychic and relational time, during which the fetus registers, in its own way, information originating from the maternal, family and systemic environment in which it is embedded.

Astrology, as a symbolic language capable of describing processes of time and quality of experience, offers a privileged instrument for mapping this prenatal period. If the natal chart describes the moment of birth, in my research I suggest that the nine months preceding it leave identifiable marks on the structure of that same chart — above all through the position and aspects established by the different planets.

It is important to stress, from the outset, that this reading does not constitute biographical determinism. The identification of an astrological marker does not assert "what happened" in a factual and definitive way, but rather signals zones of greater probability of emotional imprinting, which should always be validated, or not, through the therapeutic process and, whenever possible, through dialogue with family history.

2.1. Research Methodology

The research underpinning this article was based on the systematic analysis of more than 2,700 astrological charts, gathered over more than a decade of astrological practice, and cross-referenced, whenever clients allowed it and the information was available, with objective accounts of the corresponding gestation, obtained from the family of origin itself. This crossing between symbolic data (the chart) and narrative data (the family account) made it possible to identify recurring patterns of correspondence, which were progressively systematised into the technique of Rescue of the Memory of Gestation.

It is important to acknowledge, with methodological honesty, the inherent limits of research of this nature: the impossibility of experimental control, the dependence on family accounts that are sometimes partial or retrospectively reconstructed, and the inevitable subjectivity inherent to any symbolic reading. These limitations do not invalidate the clinical value of the correspondences identified, but they reinforce the need to always treat them as working hypotheses, and never as closed truths — a principle that runs through the entire professional training now available.



3. The Planets as Symbolic Witnesses

One of the central principles of this research is that the natal chart preserves, in symbolic code, information relating to the environment in which an individual's life was formed even before birth. In this reading, each planet functions as a kind of specialised sensor, tuned to a particular

type of experience: some witness vitality and the right to exist; others, the mother's emotional state; others still, the degree of conflict, social support, or transformative intensity present in the gestational environment.

In the following sections, I present, for each planet, three illustrative correspondences — a harmonious aspect, a square, and a conjunction to a transpersonal planet — which synthesise, necessarily schematically, the spectrum of possible readings identified throughout my astrological research. These correspondences do not exhaust the complexity of each real configuration, which always requires articulation with the astrological house, the corresponding gestational trimester and the chart as a whole, but they offer a first orientation map for readers interested in this approach.



4. The Luminaries: Sun and Moon

The Sun and Moon occupy, in astrological tradition, a place of prominence as luminaries — the two celestial bodies most immediately visible and most widely associated with identity and emotional life, respectively. In the reading of the memory of gestation, the Sun witnesses the intensity with which life itself was desired, celebrated or called into question; the Moon witnesses the mother's emotional state during pregnancy, as felt and absorbed by the fetus.

4.1. The Sun — Vitality and the Right to Exist

- Sun in good aspect to Jupiter: gestation experienced with optimism and family celebration.
- Sun square Saturn: a sense of weight, early responsibility, or initial non-desire.
- Sun conjunct Pluto: extreme intensity, sometimes associated with high-risk pregnancies or a family secret.

The Moon, by its nature more directly linked to maternal emotionality, calls for a closer reading than the three-correspondence model proposed here. Broadly speaking, my research identifies the Moon as the planet most directly sensitive to the mother's emotional state during pregnancy — its position by sign reveals the dominant emotional quality of that period, the house in which it is found reveals the area of life in which that emotionality was concentrated, and the aspects it forms with other planets reveal the factors of disturbance or emotional comfort experienced by the mother and absorbed, through this channel, by the developing fetus. This reading is developed in greater depth both in the work "Memória da Gestação na Astrologia" and in the training module dedicated to planetary reading.



5. The Personal Planets: Mercury, Venus and Mars

The personal planets — Mercury, Venus and Mars — witness dimensions of the gestational experience closer to the immediate everyday life of the family environment: communication, affective bonding, and the presence of conflict or urgency.

5.1. Mercury — Communication Around the Pregnancy

- Mercury in good aspect to Venus: open and affectionate communication about the pregnancy throughout the family.
- Mercury square Neptune: confused or distorted information surrounding the gestation (doubts, secrecy, misunderstandings).
- Mercury conjunct Pluto: communication marked by deep secrets or deliberately withheld information.

5.2. Venus — Bonding and the Feeling of Being Loved

- Venus in good aspect to the Moon: an affectively rich and nurturing gestational environment.
- Venus square Saturn: early affective deprivation, bonding conditioned by fear or emotional distance.
- Venus conjunct Pluto: an intense affective bond, sometimes marked by family jealousy or dynamics of possession.

5.3. Mars — Urgency, Conflict and Survival

- Mars in good aspect to Jupiter: energy and initiative experienced with confidence, without major conflict.
- Mars square Saturn: contained conflict, fighting energy repressed by fear or responsibility.
- Mars conjunct Pluto: extreme intensity, sometimes associated with a real threat to the pregnancy or serious family conflict.

Faces Note

The complete reading of these three planets — including their articulation with the twelve astrological houses and the three gestational trimesters — constitutes one of the central modules of the new Professional Training in Astrology and Rescue of the Memory of Gestation, beginning in 2027.



6. The Social Planets: Jupiter and Saturn

Jupiter and Saturn witness, respectively, the degree of social support and meaning attributed to the pregnancy, and the degree of structure, fear or responsibility present in the gestational environment. These are slower-moving planets than the personal ones, and are therefore associated with themes that frequently span a broader gestational period, rather than a single point in time.

6.1. Jupiter — Meaning, Faith and Wider Support

- Jupiter in good aspect to the Sun: gestation experienced with optimism, faith and wide family celebration.
- Jupiter square Saturn: promised but unfulfilled social support; isolation despite the existence of a family network.
- Jupiter conjunct Neptune: a strongly accentuated spiritual or religious meaning attributed to the pregnancy, sometimes with excessive idealisation.

6.2. Saturn — Structure, Fear and Responsibility

- Saturn in good aspect to the Sun: protective structure, responsibility experienced with maturity and without excessive weight.
- Saturn square the Moon: fear or emotional deprivation felt by the mother; containment that becomes rigidity.
- Saturn conjunct Pluto: extreme responsibility, sometimes linked to circumstances of survival or loss.



7. The Transpersonal Planets: Uranus, Neptune and Pluto

The transpersonal planets — Uranus, Neptune and Pluto —, by their slow and generational nature, witness dimensions that go beyond the mother's strictly individual experience, connecting to collective, systemic or transgenerational factors. Their reading within the memory of gestation must therefore always be articulated with a broader systemic and family perspective.

7.1. Uranus — Rupture and the Unforeseen

- Uranus in good aspect to Mercury: unexpected change experienced with openness and creative adaptation.
- Uranus square the Moon: sudden emotional rupture, unpredictability felt by the mother.
- Uranus conjunct the Sun: an identity marked, from very early on, by a disruptive event.

7.2. Neptune — Secrecy, Idealisation and Confusion

- Neptune in good aspect to Venus: serene affective idealisation, a bond wrapped in tenderness and dream.
- Neptune square Mercury: confused, unspoken or distorted information surrounding the gestation.
- Neptune conjunct the Moon: an unclear boundary between the mother's emotion and that of the fetus itself; a diffuse memory.

7.3. Pluto — Intensity, Survival and Transformation

- Pluto in good aspect to the Sun: integrated transformative intensity, resilient life force.
- Pluto square the Moon: profound emotional threat felt by the mother, fear of loss.
- Pluto conjunct Mars: a struggle for survival lived with great intensity, at times real.



7.4. Articulation with the Houses and the Trimesters

The planetary reading presented here, although central, should not be interpreted in isolation. In the technique of Rescue of the Memory of Gestation, each planet gains additional interpretive precision when articulated with the astrological house in which it is found — the territory of experience, among the twelve areas of life described by tradition — and with the corresponding gestational trimester, identified through a proprietary reverse-progression procedure developed throughout this research.

The same planet, Saturn for example, takes on distinct nuances depending on whether it witnesses an experience situated in the 4th house (home and family roots) or the 10th house (career and public responsibility), and depending on whether that experience is situated in the first trimester (associated, according to my research, with the theme of acceptance and the right to exist) or the third trimester (associated with preparation for the threshold and the approach of birth). This multi-layered reading — planet, house, trimester and, in addition, the aspects established between planets — constitutes the complete methodological core of the technique, developed exhaustively throughout the professional training.



8. Illustrative Study

To illustrate the practical application of this model, we present a brief example, with a fictional identity out of respect for confidentiality. Helena, 31, sought support for a persistent difficulty in

allowing herself moments of rest and leisure, feeling permanently "in debt" to the people around her, despite being recognised by everyone as extremely generous and available.

Her chart revealed the Moon in Taurus, in the 4th house, trine Venus in Virgo, in the 8th house — a harmonious configuration, situated, through the reverse-progression procedure developed in this technique, in the second trimester of gestation. Family investigation confirmed a gestation lived in a context of great closeness and affective support, with the maternal grandmother deeply involved in her care, living in the same house throughout the pregnancy.

The astrological work made it possible to explore the hypothesis that the very comfort and fluidity of this configuration had translated, in adult life, into a difficulty in recognising the right to rest, through an unconscious association between "receiving care" and "taking up too much space", within an environment where care flowed mainly from the mother to the other members of the household.

This example illustrates well a central principle of this research: even harmonious configurations require careful therapeutic exploration, not merely confirmation of well-being.

8.1. A Second Example: A Configuration of Greater Tension

In a second example, Ricardo, 44, sought consultation for recurring episodes of physical exhaustion associated with self-imposed professional overload, alternating with phases of complete social withdrawal. The chart revealed a T-square involving the Moon in Capricorn, Mars in Aries and Saturn in Cancer — the latter at the apex of the configuration — and in mutual reception with the Moon, Saturn being situated, through reverse progression, in the third trimester of gestation.

Family investigation confirmed that, in the last trimester of the pregnancy, Ricardo's father had lost his job, generating a period of strong economic instability and a sense of overburdened responsibility felt by the mother. This reading made it possible to associate Ricardo's cyclical pattern of overload and withdrawal with this gestational memory of responsibility imposed by economic necessity — an example of how configurations of greater tension frequently require a longer astrological process, but one that is no less transformative for that.



9. Ethical and Methodological Considerations

The reading presented here requires, like any astrological instrument of a symbolic nature, a stance of great ethical caution. Astrology, as applied in this technique, does not constitute a system of proven facts, but rather a symbolic vocabulary that serves as a bridge for the therapeutic exploration of the client's subjective experience.

- The astrological reading is always a symbolic hypothesis, never a proven fact or clinical diagnosis.
- Family confirmation, when available, reinforces the hypothesis; its absence does not invalidate the therapeutic work, which can proceed on the basis of the client's subjective resonance.
- The astrologer must always remain within the limits of their own training and professional certification, referring the client to other specialities whenever necessary.
- This technique in no way replaces specialised psychiatric or psychological evaluation and follow-up when clinically indicated.



10. From the Book to the Training: What's New

The book "Memória da Gestação na Astrologia" (Euedito, 2025) brings together, for the first time in a format accessible to the general public, the theoretical foundations of this technique, built over more than a decade of clinical research into more than 2,700 astrological charts. It is an important point of arrival, but also, for those who wish to apply this technique professionally, only a starting point.

The Professional Training in Astrology and Rescue of the Memory of Gestation, which Faces Isabel Guimarães launches in 2027, goes substantially beyond the content of the book. While the book presents the general principles of the technique, the training offers a complete and systematised astrological protocol, structured into ten modules: from the psychosomatic foundations and integrative medicine, through reading by astrological house, the three-trimester model and reverse progression, planetary and aspect reading — introduced here only in outline — to the relational and transgenerational dimension of the technique and its application to complete practical cases.

More than theoretical knowledge, the training provides the professional with a step-by-step protocol for the astrological application of this technique, dedicated recording forms for each layer of reading, complete practical cases worked from start to finish, and an ethical and supervisory framework that enables the responsible application of this approach in each trainee's professional practice.

Faces Note — 2027 Professional Training

The Professional Training in Astrology and Rescue of the Memory of Gestation runs from January 2027 to early 2028, in a mixed format (synchronous online sessions and independent platform-based work), with DGERT certification and tax deductibility under IRS. It includes ten

complete modules, an astrological protocol, recording forms, practical cases and a final assessment with certification.



11. Conclusion

The planetary reading presented here constitutes only one layer — albeit a central one — of a broader interpretive system, built over more than a decade of astrological research into the memory of gestation. Each planet, read in articulation with the house in which it is found, the gestational trimester to which it corresponds, and the aspects it establishes, offers a symbolic pathway of access to prenatal experiences that would otherwise remain inaccessible to the adult individual's conscious awareness.

The invitation I leave, both to the reader interested in this research and to the professional considering deepening it through the new training, is to approach this technique with the scientific rigour and astrological sensitivity it demands: neither as a closed system of astrological certainties, nor as mere symbolic curiosity, but as a genuine instrument for a deeper and more compassionate understanding of human experience, from its most silent and invisible beginning.

Reference

GUIMARÃES, Isabel (2025). *Memória da Gestação na Astrologia*. Euedito.

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